

HOPE FOR HOME LTD.
(A company limited by guarantee)

REPORT AND ACCOUNTS

30 November 2019

Company number: 06419587

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Status

The organisation is a charitable company limited by guarantee, incorporated on 6 November 2007 and registered as a charity on 22 February 2008.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, one third of the directors (those longest in office since their last election or appointment) retire from office - and are eligible for re-election - at each Annual General Meeting.

Directors and Trustees

Miss S Burnard
Rev AR Christie
Dr AJ Treloar
Prof H Gross
Mrs LJ Colclough
Mrs LS McEnhill (appointed 23rd January 2019)

Registered office

32 Foxes Dale
Blackheath
London SE3 9BQ

Independent examiner

Richard Hewson
Chartered Accountant
21 Corner Green
London SE3 9JJ

Solicitors

Beverly Morris and Company
35 Montpelier Vale
Blackheath Village
London SE3 0TJ

Charity Registration Number
1122932

The directors (who are also the charity's Trustees) present their report and the unaudited accounts for the year ended 30 November 2019.

Objects of the charity

The charity's objects are, across the United Kingdom:

- 1) the relief of elderly persons with dementia and/or advanced Parkinson's Disease and/or similar disabilities and the relief of carers who are caring for these people at home in the United Kingdom; and
- 2) to advance the education of the public in dementia and/or advanced Parkinson's Disease and/or similar disabilities.

Main activities undertaken for the public benefit in relation to these objects

In planning our activities, we kept in mind the Charity Commission's guidance on public benefit at our directors' meetings.

Our activities for the public benefit in our 11th year included: raising money; responding to enquiries and requests for help from people with dementia and from their families and loved ones; preparing publicity material; maintaining and building upon our volunteer support group; maintaining our website; undertaking public relations and publicity activities; speaking at national conferences; continuing starting our collaborative project with Christ Church, Gipsy Hill, in South-East London; organising and running a one-day free national workshop in Greenock ; setting up the Thelma Harvey Memorial Prize ; working with several other charities in trying to secure money to undertake new joint projects; planning and working up possible new major projects for the future.

Summary of our main achievements in our eleventh year

The focus of our activities remained rooted in the concept of supporting people who care for their loved ones with dementia and/ or advanced Parkinson's disease in their own homes.

Our 11th year has seen us consolidating our work and further developing it across the UK. Our main achievements were directly related to our major new project with our current established partner Christ Church, Gipsy Hill, and planning and delivering a new, free, national conference about the bereavement and loss in the context of dementia in collaboration with Ardgowan Hospice and the Campbell Snowdon Care Home.

Our two-year project with Christ Church, Gipsy Hill in association with St Christopher's Hospice, in South-East London, continued to build upon the success of our Namaste project in Newham and, in addition, included more direct support for carers. Our formal independent evaluation of our Newham project indicated that, although carers were very appreciative of the support from trained volunteers for their loved ones with dementia, they themselves would welcome more direct support.

The work involves the weekly running of a drop-in group for people with dementia and their carers (The Magnolia Club), where a group of dedicated, trained volunteers have a brief to give time to both carers and people with dementia. In addition, people with dementia are matched with trained volunteers who visit them and their unpaid carers at home weekly. In December 2018, our project worker in Gipsy Hill left. The Magnolia (drop-in) Club continued to run with a dedicated team of volunteers and is greatly valued by people who attend. Our matched pairs of volunteers and people with dementia at home continued to be supported by

St Christopher's Hospice and we are very grateful to St Christopher's Hospice for helping to maintain these important relationships.

In June 2019 the responsibility for delivering this work transferred to St Christopher's Hospice, from Christ Church Gipsy Hill, to coincide with the appointment of a new project lead.

In October 2019, following the success of our free national half-day workshop in 2018 - "Dementia Care at Home: The Agenda for the Next 5 years"- we planned and delivered a full day workshop in Greenock: "Dementia End of Life Care at Home: Bereavement and Loss". We charged £25.00/ person for this, in order to cover the cost of refreshments.

This was held in very close collaboration with Ardgowan Hospice and the Campbell Snowdon Care Home and our Trustees are extremely grateful for the dedication and hard work of the staff in Scotland who helped us to deliver this event .

The event was significantly over subscribed, with over 70 participants attending from across the UK. Attendees included academics, members of the public, NHS and hospice clinicians from a variety of specialties, people delivering and managing social care, and representatives from the private sector.

Evaluations were unanimously very positive. Ardgowan Hospice has very generously offered to repeat this event in future.

Thelma Harvey, one of our founding Directors and our Chair, died on 18 July 2018. Thelma had worked tirelessly for Hope for Home since its inception. She was an inspirational leader and a true champion for people with dementia, their unpaid carers and their families and friends. She was absolutely dedicated to improving the quality of the lives of these often hidden and forgotten members of our society and she was always looking for new ways to help them. Thelma will be hugely missed by the Trustees and volunteers at Hope for Home. She was a highly valued and greatly treasured colleague.

Our Trustees decided to mark Thelma's dedication with a prize in her memory – The Thelma Harvey Memorial Prize. This was arranged in collaboration with Hospice UK. The award was based on work that had made a positive difference by supporting unpaid carers who look after people with dementia in the last phase of life in their family home. It could be given for a clinical development, an educational project, a piece of research, or an example of outstanding support of one or more individuals. Anyone involved in the support of unpaid carers caring for people with dementia in the last phase of life in their family home could be nominated.

We received three applications, all of a very high standard, and the prize was awarded by Linda McEnhill at the Hospice UK Annual Conference in November 2019 to St Giles Hospice End of Life Carers course.

In terms of past projects, our original major project, our very successful collaborative partnership with St Joseph's Hospice in Hackney, East London, continues to thrive. Hope for Home seed-funded this for two years originally. We believe that this was the first project of its kind in the world, training local volunteers to support carers of people with advanced dementia in their own family homes, using a "Namaste" approach.

The term "Namaste" means "honouring the spirit within" and it involves a holistic approach to people with dementia, including use of aromatherapy, touch, music and other creative arts. It has been used for many years in the USA and in some areas in England, mostly for people who live in care homes.

In the intervening five years since our funding started, the positive impact of our work became very apparent to other local communities and word spread rapidly about the success of our project. This work is now replicated and funded by the NHS for the residents of the London Boroughs of Hackney and Tower Hamlets, with St Joseph's. That work continues now.

In addition, the national special interest group for people involved with dementia care, set up by Hospice UK because of our funded project with them three years ago, continues to grow across the UK, with an ever-expanding Community of Practice operated via Hospice UK.

The Namaste project in Durham, which we also supported with advice, continues to go from strength to strength.

Our Trustees continue to ensure that the charity is managed properly and that all donations are maximised to the full to help the people we are trying to reach.

Part of that role in practice means that we give a great deal of consideration to where the money we receive will be used to make the biggest difference. We are especially interested in forming new partnerships with other charities.

We pride ourselves on funding pioneering projects, often encountering significant resistance to our proposals. In fact, we continue to encounter that response to some of our projects now. We always spend a lot of time judging risk. To this end, to date, not only have all our projects worked well, they have blazed the trail for other similar projects to be funded across the UK.

Results and Future Plans

The statement of financial activities shows a surplus for the year of £3,452.

We still have a small number of supporters who donate regularly through bank standing orders and we are also very grateful for the other donations we received. We still receive one-off donations from individuals, many in memory of a loved one who has died or via others who nominate Hope for Home as their charity of choice at a particular special event.

At the time of writing, we are experiencing the world-wide Covid-19 pandemic. In March 2020 our projects, all of which involved face to face contact with carers and people with dementia, stopped in accordance with national guidance. Telephone support was offered to everyone in those projects and continues with those that expressed a wish for this support.

We plan to continue our project in Gipsy Hill with the remainder of its funding (50%), once lock down rules permit.

We are also considering delivering another national workshop, originally planned for October 2020, and a joint fund-raising venture with a new host organisation for a new community project in the South East England. Both initiatives are now postponed.

Reserves policy

The directors recognise the need to maintain an appropriate level of reserves to meet any unforeseen expenditure which may occur, and they believe that the charity should hold £1,000 in reserve to cover expenses in the event of dissolution.

Directors and Trustees

The directors, who are also Trustees of the charity, all work on a voluntary basis. The names of the directors are listed on page 1. We welcomed Linda McEnhill as a Trustee this year.

Independent examiner

Richard Hewson, Chartered Accountant, has indicated that he is willing to be reappointed at the forthcoming annual general meeting.

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

By Order of the Board,

S Burnard, Director

Dated:

I report on my examination of the accounts of the company for the year ended 30 November 2019 set out on pages 7 to 10.

Responsibilities and basis of report

The charity's trustees (who are also the company's directors for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the charitable company's accounts are not subject to audit under company law and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act; and
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and my report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which give me reasonable cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act; or
- the accounts do not accord with the accounting records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the 2006 Act; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Richard Hewson
Chartered Accountant

21 Corner Green
London SE3 9JJ

Dated:

Hope for Home Ltd.

Statement of Financial Activities (including Income and Expenditure Account)
for the year ended 30 November 2019

	Notes	Unrestricted funds	
		2019	2018
		£	£
Incoming resources			
Voluntary income:			
Donations		5,638	8,115
200 club income		-	1,320
Sales of cards and jams		-	49
Bank interest		132	-
		<hr/>	<hr/>
Total incoming resources		5,770	9,484
		<hr/>	<hr/>
Resources expended			
Costs of generating voluntary income	3	14	175
Charitable activities	3	1,487	17,692
Governance costs	3	817	757
		<hr/>	<hr/>
Total resources expended		(2,318)	(18,624)
		<hr/>	<hr/>
Net incoming resources (resources expended)			
- net surplus (deficit) for the year		3,452	(9,140)
		<hr/>	<hr/>
Total funds at beginning of year		32,011	41,151
		<hr/>	<hr/>
Total funds at end of year		35,463	32,011
		=====	=====

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The notes on pages 9 to 10 form part of these accounts

Hope for Home Ltd.
Company number: 06419587
Balance Sheet
30 November 2019

	Notes	Unrestricted funds 2019 £	2018 £
Current assets			
Cash at bank		36,213	37,448
Creditors			
Amounts falling due within one year	4	(750)	(5,437)
Net current assets		<u>35,463</u>	<u>32,011</u>
Net assets		<u>35,463</u> =====	<u>32,011</u> =====
Unrestricted funds		<u>35,463</u>	<u>32,011</u>
Total funds		<u>35,463</u> =====	<u>32,011</u> =====

The company was entitled to exemption from audit under section 477 of the Companies Act 2006 ('the Act') and no member has deposited a notice requiring an audit of these accounts under section 476 of the Act. The directors/trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions of the Act applicable to companies subject to the small companies regime.

These accounts were approved and authorised for issue by the Board of Trustees/Directors and signed on its behalf by:

S Burnard, Director

Dated:

The notes on pages 9 to 10 form part of these accounts

1 Accounting policies

- (a) The accounts have been prepared under the historical cost convention and in accordance with the Companies Act 2006, the Statement of Recommended Practice: Accounting and Reporting by Charities, Section 1A of Financial Reporting Standard 102 ('FRS 102) and the Charities Act 2011.
- (b) Unrestricted funds are available for use at the discretion of the directors (who are also trustees) in furtherance of the general objectives of the charity.
- (c) Voluntary income is received by way of donations and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.
- (d) Expenditure is recognised on an accruals basis as a liability is incurred, includes any attributable VAT which cannot be recovered and is reported as part of the expenditure to which it relates. Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries; governance costs are those associated with meeting the constitutional and statutory requirements of the charity and include the fees of the independent examiner and other costs linked to the strategic management of the charity.
- (e) Creditors are initially recognised at transaction price.
- (f) Taxation: the company is exempt from corporation tax on its charitable activities.

2 Employees

There were no employees during the year and none of the 6 trustees/directors received any remuneration (2018 - 5 unpaid trustees/directors, no other employees).

3 Total resources expended

	Voluntary income	Charitable activities	Governance costs	2018 Total
	£	£	£	£
Insurance	-	435	-	435
Leaflet printing	-	-	-	280
Travel	-	140	-	-
Cost of cards sold	-	-	-	25
Internet payment fees	14	216	-	391
Independent examiner's fees	-	-	817	757
Namaste Care staff costs	-	396	-	15,330
Namaste Care expenses	-	-	-	346
Food for event	-	-	-	210
200 club prizes	-	300	-	250
Website and webhosting	-	-	-	600
	14	1,487	817	18,624
	===	=====	===	=====

4 Creditors: amounts falling due within one year	2019	2018
	£	£
Accrued expenses	750	5,437
	===	=====

5 Transactions with trustees/directors

There were no transactions with or for the benefit of trustees/directors during the year.

6 Liability of members

As the company is limited by guarantee (having no share capital), every member is liable to contribute a sum not exceeding £1 in the event of the company being wound up in accordance with the Memorandum and Articles of Association. There were 6 members at 30 November 2019 (2018 - 5).