# HOPE FOR HOME LTD. (A company limited by guarantee)

## **REPORT AND ACCOUNTS**

**30 November 2013** 

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#### **Status**

The organisation is a charitable company limited by guarantee, incorporated on 6 November 2007 and registered as a charity on 22 February 2008.

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, one third of the directors (those longest in office since their last election or appointment) retire from office - and are eligible for re-election - at each Annual General Meeting.

#### **Directors and Trustees**

Miss S Burnard Rev AR Christie Miss T Harvey Dr AJ Treloar

#### Registered office

32 Foxes Dale Blackheath London SE3 9BQ

#### Independent examiner

Richard Hewson Chartered Accountant 21 Corner Green London SE3 9JJ

#### **Solicitors**

Beverly Morris and Company 35 Montpelier Vale Blackheath Village London SE3 0TJ

Charity Registration Number 1122932

The directors (who are also the charity's Trustees) present their report and the unaudited accounts for the period from 1st December 2012 to 30 November 2013.

## Objects of the charity

The charity's objects are, across the United Kingdom:

- (a) the relief of elderly persons with dementia and/or advanced Parkinson's Disease and/or similar disabilities and the relief of carers who are caring for these people at home in the United Kingdom; and
- (b) to advance the education of the public in dementia and/or advanced Parkinson's Disease and/or similar disabilities.

## Main activities undertaken for the public benefit in relation to these objects

In planning activities at our directors' meetings, we kept in mind the Charity Commission's guidance on public benefit.

Our activities in our sixth year for the public benefit included; responding to enquiries and requests for help; preparing publicity material; maintaining and building upon our volunteer support group; maintaining and improving our website; undertaking public relations and publicity activities and negotiating and starting two new collaborative projects with two charities, Help the Hospices and St Joseph's Hospice.

## Summary of our main achievements in our sixth year

The focus of our activities remained rooted in the concept of supporting people who care for their loved ones with dementia and/ or advanced Parkinson's disease in their own homes.

Our main achievements in our sixth year were directly related to starting two new major projects with established charities. The first of these was launched and started in October 2013 with Help the Hospices. The underlying premise for this exciting new collaboration was our wish to help those hospices who wish to start /further develop services for people with dementia and their families and friends.

We believe that offering those hospices that may be hesitant, but willing, some practical ideas and advice about how to start services, however small at the start, might be a source of encouragement to help them initiate new ways of helping people with dementia and their carers.

This new collaborative project funded a new piece of focused research, which is rooted in particular desired outcomes. We identified the following outcomes of this research, as initial guidance:

- Examples of good practice in the sector relating to dementia with particular reference to supporting carers and families, possibly including international examples e.g. Japan
- Literature review of good practice
- Teasing out critical success factors from different successful models

- Production of a "toolkit/think piece" that baffled CEOs can pick up, read, think about and use in practice to start/develop services
- A planned launch and roll out of the findings, so that learning points can be shared and used in practice across the UK
- Offering support to a special interest group via Help the Hospices for those hospices
  who wish to start services, together with those that already have established care,
  with a view to sharing good practice, mutual collaboration and support, and sharing
  information.

Our second new major project is the start of a new collaboration with St Joseph's Hospice in Hackney. East London. St Joseph's is the oldest hospice in this country, and has a very well established reputation for excellence in the field of palliative care.

In June 2103 Hope for Home funded a training day at Joseph's Hospice run by Professor Joyce Simard, the originator and expert in the Namaste approach for people with dementia This event was made available free of charge to all the staff and volunteers at St Joseph's Hospice and also to anyone else who had an interest in this subject.

The term "Namaste" means "honouring the spirit within" and it involves a holistic approach to people with dementia, including use of aromatherapy, touch, music and other creative arts. It has been used for many years in the USA and in some areas in England mostly for people living in care homes. Our project will deliver Namaste care to people with advanced dementia who are being cared for in their own homes.

Following our sponsored event with Professor Simard In June 2013, Hope for Home and St Joseph's signed an agreement to start a new joint Namaste service for the residents of the London Borough of Newham, starting in April 2014. This service will provide Namaste care for residents of Newham who are caring for their loved ones who have advanced dementia at home, in their own family homes.

In addition to these new developments we continued our core activities of publicising and marketing the organisation and responding to enquiries and requests for help by email, telephone and face to face contact.

#### Results and future plans

The statement of financial activities shows a surplus for the period of £2,822. We still have several supporters who donate regularly through bank standing orders, and we are also very grateful for the other donations we received. As we become more well know we are receiving more smaller one-off donations from individuals, many in memory of a loved one who has died, or via others who nominate Hope for Home as their charity of choice at a particular special event. We also received some donations from corporate donors as part of their corporate social responsibility programme.

Meanwhile the Trustees continue to give significant consideration about where it might be wisest for Hope for Home to make its investments in the future.

#### Reserves policy

The directors recognise the need to maintain an appropriate level of reserves to meet any unforeseen expenditure which may occur and they believe that the charity should hold £1,000 in reserve to cover expenses in the event of dissolution.

#### **Directors and Trustees**

The directors, who are also trustees of the charity, all work on a voluntary basis. The names of the directors (all of whom were appointed on incorporation) are listed on page 1.

## **Directors' responsibilities**

Company law requires the directors to prepare accounts for each financial period which give a true and fair view of the state of the charitable company's affairs at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those accounts the directors should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Independent examiner

Richard Hewson, Chartered Accountant, has indicated that he is willing to be reappointed at the forthcoming annual general meeting.

This report has been prepared in accordance with the special provisions for small companies within Part 15 of the Companies Act 2006.

By Order of the Board,

S Burnard Director

18 August 2014

I report on the accounts of the company for the year ended 30 November 2013 set out on pages 6 to 9.

## Respective responsibilities of trustees and examiner

The company's trustees (who are also the company's directors for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 ('the 1993 Act') and that an independent examination is needed. I am qualified to undertake the examination by being a member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to my attention.

## Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and my report is limited to those matters set out in the statement below.

#### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare accounts which accord with the accounting records, and which comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and

principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Richard Hewson Chartered Accountant

21 Corner Green London SE3 9JJ

18 August 2014

Hope for Home Ltd.
Statement of Financial Activities (including Income and Expenditure Account)
for the year ended 30 November 2013

	Notes	Unrestricte 2013 £	ed funds 2012 £
Incoming resources Voluntary income: Donations Sales of cards		5,334 50	17,460 20
Total incoming resources		5,384	17,480
Resources expended Costs of generating voluntary income Charitable activities Governance costs	2 2 2	52 1,567 943	5,322 2,295 778
Total resources expended		(2,562)	(8,395)
Net incoming resources (resources expended) - net surplus (deficit) for the year	3	2,822	9,085
Total funds at beginning of year		89,656	80,571
Total funds at end of year		92,478 =====	89,656 =====

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

		Unrestricted funds	
	Notes	2013 £	2012 £
Current assets			
Cash at bank Prepaid expenses		93,578 130	90,633 180
		93,708	90,813
Creditors Amounts falling due within one year	5	(1,230)	(1,157)
Net current assets		92,478	89,656
Net assets		92,478	89,656 =====
Unrestricted funds		92,478	89,656
Total funds		92,478 =====	89,656 =====

For the year ended 30 November 2013 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 ('the Act') and no member has deposited a notice requiring an audit of these accounts under section 476 of the Act.

The directors/trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with Section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at 30 November 2013 and of its income and expenditure for the year then ended in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions of the Companies Act 2006 applicable to companies subject to the small companies regime (Part 15) and the Financial Reporting Standard for Smaller Entities (effective April 2008).

These accounts were approved by the Board of directors on 18 August 2014 and signed on its behalf by:

S Burnard Director

## 1 Accounting policies

- (a) The accounts have been prepared under the historical cost convention and in accordance with the Companies Act 2006, the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) and the Financial Reporting Standard for Smaller Entities (effective April 2008).
- (b) Unrestricted funds are available for use at the discretion of the directors (who are also trustees) in furtherance of the general objectives of the charity.
- (c) Voluntary income is received by way of donations and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.
- (d) Expenditure is recognised on an accruals basis as a liability is incurred, includes any attributable VAT which cannot be recovered and is reported as part of the expenditure to which it relates. Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries; governance costs are those associated with meeting the constitutional and statutory requirements of the charity and include the fees of the independent examiner and other costs linked to the strategic management of the charity.

	on alogio management	•			
2	Total resources expended	Voluntary income £	Charitable activities £	Governance costs £	2012 Total £
	Webhosting	_	216	-	216
	Insurance	_	655	-	1,020
	Telephone	_	-	-	843
	Marathon fundraising costs	-	-	-	4,500
	Cost of cards sold	50	-	-	20
	Internet payment fees	2	216	-	1,018
	Training	-	480	-	-
	Independent examiner's fees	_	-	895	765
	Bank charges	-	-	48	
	Companies House filing fee	-	-	-	13
					0.005
		52	1,567	943	8,395
		==	====	===	====
3	Net incoming resources for	the year		2013 £	2012 £
	This is stated after charging:				
	Independent examiner's fees			895	765
	•			===	===

#### 4 Taxation

The company is exempt from corporation tax on its charitable activities.

## 5 Creditors: amounts falling due within one year

2013	2012		
£	£		
1 220	1 157		

Accruals

1,230 1,157 ==== ====

#### 6 Transactions with directors

There were no transactions with or for the benefit of directors during the year.

#### 7 Liability of members

As the company is limited by guarantee (having no share capital), every member is liable to contribute a sum not exceeding £1 in the event of the company being wound up, in accordance with the Memorandum and Articles of Association. There were 4 members at 30 November 2013 (2012 - 4).

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