

## REGULATION AND GOVERNANCE IN THE CHARITY SECTOR

The recent negative news related to some of our larger national charities unfortunately has a knock-on effect to smaller charities, like Hope for Home.

Sadly, that seems to be inevitable. Quite understandably, some people may lose trust in organisations who exist to help others in need, and whose purpose is try to do good in the world.

We at Hope for Home regularly and repeatedly state publicly that none of Trustees are paid, and that our overheads are kept absolutely to the bare minimum.

We do have overheads, chiefly in our case, for insurance to cover our helpline, and for our annual accountancy fees. The remaining overheads are minimal and our Trustees keep a very watchful eye that this remains the case. We have no employees, but we do have some fantastic volunteers.

Our accounts are inspected annually by an independent certified accountant and have passed inspection, without qualification every year to date.

They are available via Companies House and we are happy to provide a copy for anyone who would like one.

If anyone requires copies please telephone or email us (details over-leaf).

## Our new community development officer for our new project in Gipsy Hill

We have great pleasure in introducing our new project worker for our partnership with Christ Church, Gipsy Hill in Crystal Palace, and in close association with

St. Christopher's Hospice in Sydenham, Nicky Rothwell. Nicky started her work with us in December, and she has made significant

progress in her first few months, helping families caring for their loved one at home with dementia.



Her work, funded exclusively by Hope for Home, includes running the weekly Magnolia Club, a drop in group for people with dementia and their carers, at Christ Church, as well as training and matching volunteers to visit people with dementia at home. These volunteers work closely, to support carers, helping them to stay connected to their local community and with the people who have dementia themselves. Nicky comes from a community development background, with a degree in Development Studies and over 15 years experience in various charities and public sector organisations. She is passionate about people being more involved in their local area and the community leading on their own response to local issues.

## **Our Partnership in Durham!**

In March 2018 we heard the fantastic news that our partner, St Cuthbert's Hospice in Durham, had received a promise of new funds to continue their Namaste Care project, providing support for people with dementia and their unpaid carers at home in her local area. Two of our Trustees have been working with members of St Cuthbert's to get this project started. This project replicates our project with St Joseph's Hospice.

Namaste is a Hindu word which means 'to honour the spirit within' and this becomes increasingly difficult for the person with dementia to express as their condition progresses.

Namaste Care is one way to continue to connect with the person's likes, interests and life experiences to really honour the essence of who they are

### ***HOPE FOR HOME***

REGISTERED CHARITY NUMBER 1122932

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